

# GET READY TO TALK TO YOUR DOCTOR

If your current therapy doesn't  
fit your routine



Be prepared to talk to your doctor about your symptoms and your routine to determine the best treatment option for you. Use the questions below as a guide to help your doctor understand how you are feeling.

**Let your doctor know if any of the following apply to you:**

- I don't want to inject myself.  True  False
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- Traveling is difficult with needles and gels.  True  False
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- I don't want to go into the office for my injection.  True  False
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- I don't want to worry about gel transferring to family or friends.  True  False
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- I am experiencing symptoms of low testosterone between my injections.  True  False
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- The testosterone I currently take is no longer available or difficult to get.  True  False
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- I would prefer to take an oral testosterone replacement therapy (TRT).  True  False
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## What is JATENZO?

JATENZO<sup>®</sup> (testosterone undecanoate) capsules are prescribed to adult men for testosterone replacement therapy when they have a deficiency or absence of their natural testosterone due to structural or genetic causes.

Safety and efficacy of JATENZO in boys less than 18 years old have not been established. JATENZO is a controlled substance, CIII, due to risk for physical and psychological dependence and abuse.

## What important safety information is there for JATENZO?

- **JATENZO might raise your blood pressure, which could cause serious heart problems like heart attacks, strokes, or even death related to heart conditions.**
- **Before taking JATENZO, your doctor should check your blood pressure and consider your risk for heart problems. Your doctor should also periodically monitor new-onset and pre-existing high blood pressure.**
- **Due to this risk, JATENZO should only be used for treatment of men who a deficiency or absence of natural testosterone due to structural or genetic causes.**

**Please see next page for Important Safety Information. Visit [Jatenzo.com](http://Jatenzo.com) for full Prescribing Information, including BOXED WARNING on increases in blood pressure, and Medication Guide.**

## IMPORTANT SAFETY INFORMATION FOR JATENZO (continued)

**JATENZO**<sup>®</sup>  
(testosterone undecanoate)  
Capsules 

### Who should not take JATENZO?

JATENZO should not be used in men with breast cancer or known or suspected prostate cancer, in women who are pregnant, in men who are over-sensitive to JATENZO or its ingredients, or in men with low testosterone that is not associated with structural or genetic factors.

### What side effects should I be aware of before starting JATENZO?

**Increase blood pressure.** JATENZO can increase blood pressure, which can increase the risk of serious heart problems, especially in with established risk factors for heart disease.

**Elevated red blood cell counts.** This may increase the risk of blood clots, strokes, and heart attacks.

**Benign prostatic hyperplasia (BPH).** If you have been previously diagnosed with BPH, signs and symptoms may worsen.

**Prostate cancer.** Patients taking testosterone may be at increased risk for prostate cancer.

**Blood clots.** Blood clots in the legs that may travel to the lungs have been reported in patients using testosterone replacement products.

**Abuse.** Testosterone has been subject to abuse, typically at doses higher than recommended. Testosterone abuse can lead to serious cardiovascular and psychiatric side effects, including depression and suicidal ideas.

**Low sperm count.** Large doses of testosterone products may suppress sperm production.

**Liver problems.** JATENZO is not known to cause liver side effects; however, report any signs of liver problems to your doctor.

**Swelling of your ankles, feet, or body (edema).**

**Enlarged or painful breasts.**

**Sleep apnea.** Testosterone may worsen sleep apnea, especially with risk factors such as excess body fat or chronic lung conditions.

**Changes in lipid levels.** Lipid changes may require dose adjustment of your cholesterol medication or stopping testosterone treatment.

**Changes in mood.** Talk to your healthcare provider if you have changes in mood or behavior including, new or worsening depression, or suicidal thoughts.

### What are the most common side effects with JATENZO?

The most common side effects of JATENZO are increased red blood cell count, diarrhea, indigestion, burping, swelling of the leg or foot, nausea, enlarged prostate gland, high blood pressure, and headache.

### What medications should I tell my doctor that I am taking before starting JATENZO?

Tell your healthcare provider about all medications that you are taking prior to starting JATENZO, including prescription, over the counter medicines, vitamins, and supplements. Ensure that you notify your provider if you take insulin, blood-thinning medications, corticosteroids, or common pain or cold medicines.

These are not all the possible side effects of JATENZO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

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[Jatenzo.com](https://www.jatenzo.com)